

Reviews...

"Ellen presented an engaging interactive workshop, which our preschool parents loved. We are looking forward to having Ellen return to Nantucket soon for another exciting presentation."

Mary Casey
Director of Parenting Education
Community Network for Children
Nantucket, MA

"Ellen has a great way of assessing information gained and communicating her thoughts and key ideas in a clear and intelligent manner. That quality, balanced with her warmth and genuine interest in families, makes her an asset to anyone seeking her guidance."

Nina Dickerman
Adjunct Professor of Child & Family Studies
Wheelock College
Boston, MA

"Ellen's three sons are a few years older than my two boys and they have always been great role models for Jamie and Colin. From the time they taught my oldest son to ride a two-wheel bicycle eleven years ago to today, they set great life examples: going to good colleges, giving back to their communities and enjoying life. Ellen's sons have grown into wonderful young adults and they couldn't have gotten there without her love and guidance. I look to Ellen often to help me raise my kids as she's raised hers. And that's the truth."

Tricia Reilly
Ellen's younger sister



"Ellen has opened my mind to new ways of thinking about child development."
Jane from Westport

"Ellen's class gave me the courage to try something new with my family dynamics."
Ellen from Easton

"I did not realize how much temperament has to do with conflict resolution."
Lisa from Fairfield

"I always take something home from each class with Ellen!"
Betsy, mother of three



t/203.256.9855 toll free 866.256.9859
www.parentinginaction.com
ellen@parentinginaction.com



**Empowering parents
to reach their potential**

Preschoolers

Ellen Swan - Director
B.A., Elementary Education,
with specialization in early childhood;
M.A., Reading Education; Certified in
Family Support and Parenting Education.

t/203.256.9855 toll free 866.256.9859
www.parentinginaction.com
ellen@parentinginaction.com

P₃ A₁ R₁ E₁ N₁ T₁ I₁ N₁ G₂
I₁ S₁ A₁ N₁
A₁ C₃ T₁ I₁ O₁ N₁
W₄ O₁ R₁ D₂



Ellen Swan, Director of Parenting In Action
B.A., Elementary Education,
with specialization in early childhood;
M.A., Reading Education; C.A.D.,
Family Support and Parenting Education.

Ellen Swan empowers parents with skills to strengthen families. Her soft-spoken demeanor belies her energy, dedication and leadership. Not only is Ellen a mother, her formal education in human development and family interactions offers a unique perspective to the challenges of parenting. In fun loving ways, Ellen will guide you to become a better parent and help turn the “job of parenting” into the “joy of parenting.”

Preschoolers

Watch out world, here I come! Preschool children, having already explored the world, are now ready to share what they have learned with others. Their temperament is defined, their world is expanding and they can communicate their wants, needs and desires.

Socialization becomes important as children begin to relate to how they fit into the world.

Parenting In Action guides parents to understand the importance of the following topics in a preschool child’s life:

- Emotional development
- Social development
- Physical development
- Parenting styles
- Parenting different temperaments
- Boys will be boys (The Boy Code)
- Girls will be girls (The Girl Code)
- Media messages
- School readiness
- Play dates
- Challenging behaviors
- Conflict resolution
- Toys that teach

